WASHINGTON COUNTY Community Resource Guide





PREPARED BY: WASHINGTON COUNTY PROFESSIONAL SCHOOL COUNSELORS

Please check with the organization for further information and details about hours and services. This is meant to be a general guide to resources in our community. Contact information, hours of operation, location, and other information may change without notification to Washington County Public Schools.

Washington County Community Resource Guide Table of Contents

ABUSED PERSONS	
CASA, Inc.	
Safe Place Washington County Child Advocacy Center	
Washington County Department of Social Services	14
3 3 4 1	
AT-RISK YOUTH	
Juvenile Services, WC Department of	10
Juvenile Services, WC Diversion Program	10
San Mar Children's Home, Inc.	
	
BUDGET/DEBT MANAGEMENT	
Community Action Council, Inc.	6
Interfaith Service Coalition	10
CHILD/ADOLESCENT ASSISTANCE	
Bester Community of Hope	.4
Big Brothers/Big Sisters	. 5
Boys and Girls Club.	.5
Girls Incorporated	. 8
Judy Center of Washington County	10
Washington County Department of Social Services	14
CLOTHING/FOOD ASSISTANCE	
Children in Need, inc	. Э
Community Action Council, Inc. Washington County	
Food Banks	
Interfaith Service Coalition, Inc	
Mount Hope Center	
Salvation Army	
Washington County Department of Social Services	14
COUNSELING/MENTAL HEALTH SERVICES	
Brook Lane Health Services	.5
CASA, Inc	
Change Health Systems	
Compassionate Wellness Center	. 6
Excel Youth	. 7
Hospice of Washington County	
Innovative Therapeutic Services	
Jack E Barr Center for Well-Being	10
Mental Health Authority	10
Mental Health Center, Inc	
QCI Behavioral Health	
TEAM	
Wellspring Counseling Services	
Western Maryland Counseling Center	15
Willow Tree Counseling Center	15
CRISIS SUPPORT/HELPLINES 211 Maryland	4
Hotline Numbers	
Maryland Youth Crisis Hotline	10
National Suicide Prevention Lifeline	11
SAMHSA's National Helpline	

Achieving True Self	4
ARC of Washington County	4
Behavioral Framework	4
Commission on Aging, Inc	
Deafnet Association, Inc	6
Developmental Disabilities Administration	7
Division of Rehabilitation Services (DORS)	7
Family Support Resource Center	
Social Security Administration	
Star Community, Inc 1	3
Turning Point of Washington County, Way Station, Inc	3
Unified Community Connections 1	4
EDUCATION	
American Red Cross, Youth Services	4
Children's Village of Washington County	6
Early Intervention Program, WCPS	
Head Start of Washington County	
Washington County Family Center1	
Washington County Public Schools1	
Western Maryland Consortium1	
•	
EMERGENCY ASSISTANCE	
Hagerstown City Police	9
Narcotics Task Force of Washington County1	1
Sheriff's Dept of Washington County1	3
EMPLOYMENT/FINANCIAL & FAMILY ASSISTANCE	
Community Action Council, Inc., Washington County	6
Community Action Council, Inc., Washington County	6
	8
Community Action Council, Inc., Washington County Goodwill Industries RISE Coalition 1	8 2
Community Action Council, Inc., Washington County Goodwill Industries	8 2 4
Community Action Council, Inc., Washington County Goodwill Industries RISE Coalition	8 2 4 5
Community Action Council, Inc., Washington County Goodwill Industries RISE Coalition 1 Valor Ministries 1	8 2 4 5
Community Action Council, Inc., Washington County Goodwill Industries RISE Coalition 1 Valor Ministries 1 Western Maryland Consortium 1 FAMILY/SOCIAL ACTIVITIES 1	8 2 4 5
Community Action Council, Inc., Washington County Goodwill Industries RISE Coalition	8 2 4 5 6
Community Action Council, Inc., Washington County Goodwill Industries RISE Coalition Valor Ministries 1 Western Maryland Consortium 1 FAMILY/SOCIAL ACTIVITIES 1 FAMILY SUPPORT/CASE MANAGEMENT Maryland Coalition of Families 1	8 2 4 5 6
Community Action Council, Inc., Washington County Goodwill Industries RISE Coalition	8 2 4 5 6
Community Action Council, Inc., Washington County Goodwill Industries RISE Coalition	8 2 4 5 6
Community Action Council, Inc., Washington County Goodwill Industries RISE Coalition	8 2 4 5 6
Community Action Council, Inc., Washington County Goodwill Industries RISE Coalition	8 2 4 5 6 0 2
Community Action Council, Inc., Washington County Goodwill Industries RISE Coalition	8 2 4 5 6 0 2 5 6
Community Action Council, Inc., Washington County Goodwill Industries RISE Coalition	8 2 4 5 6 0 2 5 6 7
Community Action Council, Inc., Washington County Goodwill Industries RISE Coalition	8 2 4 5 6 0 2 5 6 7 8
Community Action Council, Inc., Washington County Goodwill Industries RISE Coalition	8 2 4 5 6 0 2 5 6 7 8 9
Community Action Council, Inc., Washington County Goodwill Industries RISE Coalition	8 2 4 5 6 0 2 5 6 7 8 9 9
Community Action Council, Inc., Washington County Goodwill Industries RISE Coalition	8 2 4 5 6 0 2 5 6 7 8 9 9 9
Community Action Council, Inc., Washington County Goodwill Industries RISE Coalition	8245 6 02 56789991
Community Action Council, Inc., Washington County Goodwill Industries RISE Coalition	8245 6 02 567899911
Community Action Council, Inc., Washington County Goodwill Industries RISE Coalition	8245 6 02 5678999113
Community Action Council, Inc., Washington County Goodwill Industries RISE Coalition	8245 6 02 56789991134

HOUSING Community Action Council, Inc......6 Habitat for Humanity8 **LEGAL ASSISTANCE MEDIATION PARENTING PUBLIC SAFETY** RECREATION/YOUTH CLUBS Big Brothers/Big Sisters5 SHELTER SUBSTANCE ABUSE INFORMATION AND COUNSELING Alcoholics Anonymous4 Co-Dependents Anonymous6 **TRANSPORTATION**

Washington County Community Resources

211 Maryland

Address: 9770 Patuxent Woods Drive, Suite 334

Columbia, MD 21046

Website: www.211md.org

Phone: 1-866-411-6803 or dial 211 or text your zip code 211 to 898-211 Hours: 24 Hours a Day, 7 Days a Week, In Over 180 Languages

Services: Maryland Residents can get help with MD 2-1-1 for information & referrals for Maryland programs & services 24 hour a day.

Achieving True Self, Inc.

Address: 39 East Franklin Street, Hagerstown, MD 21740

Website: www.achievingtrueself.com

Phone: 866-287-2036

Hours: 8:00 a.m. – 5:00 p.m. Monday thru Friday

Services: Provides behavioral health treatment with a strong family systems approach to persons with autism and behavioral health diagnoses.

Alcoholics Anonymous - Hagerstown

Address: P.O. Box 1153, Hagerstown, MD 21741

Website: www.hagerstownaa.org

Phone: 240-850-2677

Hours: Various locations and meeting times available

Services: Provides Alcoholics Anonymous meetings for Hagerstown and Washington County.

American Red Cross, Youth Services

Address: 1131 Conrad Court, Hagerstown, MD 21740

Website: www.redcross.org/wmd

Phone: 1-800-763-2767

Hours: 8:30 a.m. to 5:00 p.m. Monday thru Friday

Services: Provides young people (ages 11-22) with opportunities that will encourage them to become adult leaders of tomorrow.

Apples for Children

Address: 1825 Howell Road, Suite 3, Hagerstown, MD 21740

Website: www.applesforchildren.org Phone: 301-733-0000 / 800-924-9188

Hours: 8:30 a.m. to 4:30 p.m. Monday thru Thursday, Closed Friday

Services: Facilitates matches between parents and regulated childcare providers. Provides training and support to family daycare, child center personnel, and parents. Recruits and supports people who are interested in starting or expanding childcare programs.

ARC of Washington County

Address: 820 Florida Avenue, Hagerstown, MD 21740

Website: www.arcwc-md.org

Phone: 301-733-3550

Hours: 8:30 a.m. – 4:00 p.m. Monday thru Friday

Services: Provides residential and support service to children and adults diagnosed with a developmental disability and their families. Includes medical supplies, vocational programs,

respite care, adaptive equipment, specialized therapies and day programs.

Behavioral Framework

Address: 2000 Tower Oakes Blvd, Rockville, MD 20852

Website: www.behavioralframework.com

Phone: 301-444-5001

Hours: 9:00 a.m. to 5:00 p.m. Monday thru Friday

Services: Provides behavioral health treatment to persons with autism and related behavioral

health diagnoses.

Bester Community of Hope

Address: 370 Mill Street, Hagerstown, MD 21740

Website: www.besterhope.org

Phone: 240-513-6370

Hours: 9:00 a.m. to 5:00 p.m. Monday thru Friday

Services: Non- profit organization which provides support, such as afterschool programs, health care clinic, education groups, etc. to families that live in the Bester Elementary School area.

Big Brothers/Big Sisters

Address: 1037 Haven Road, Hagerstown, MD 21742

Website: www.bbbswcmd.org

Phone: 301-739-4711

Hours: 8:30 a.m. to 4:30 p.m. Monday thru Friday Staff hours 9:00 a.m. to 9:00 p.m. Services: Helping children and youth (Littles) reach their full potential through professionally

supported one-to-one relationships with mentors (Bigs). Caring Bigs support Littles in their healthy development into productive adult members of the community by assisting them in educational, social, emotional, and character development.

Boy Scouts of America

Address: 18600 Crestwood Drive, Hagerstown, MD 21742

Website: www.mdcscouting.org

Phone: 301-739-1211

Hours: Hours vary, please see website

Services: Provides leadership training for adults and services for Cub Scouts, Boy Scouts, and Explorers relating to program organization, training, advancements, and camping within the

scouting program.

Boys and Girls Club

Address: 805 Pennsylvania Avenue, Hagerstown, MD 21742

Website: www.bgcwc.com Phone: 301-733-5422

Hours: 2:30 p.m. to 6:30 p.m. Monday thru Friday Staff hours 9:00 a.m. to 9:00 p.m

Services: A guidance center organization established for social, recreational, educational and

character development of youth, ages 6-18.

Breast Cancer Awareness Cumberland Valley

Address: 12916 Conamar Drive, Suite 201, Hagerstown, Maryland 21742

Website: www.bcacv.org Phone: 301-791-5843

Hours: 24 hours answering, 8:30 a.m. to 4:30 p.m. Monday thru Friday

Services: Reduces the number of breast cancer deaths by promoting early detection and treatment and by helping women during and after treatment with support and education. Wigs, hats, and turbans are available for chemotherapy patients. Free mammograms are provided for women meeting specific income guidelines.

Brook Lane Health Services

Address: 13121 Brook Lane, Hagerstown, MD 21742

Website: www.brooklane.org

Phone: 301-733-0330

Hours: 7:00 a.m. to 9:00 p.m. Monday thru Friday Hospitalization - 24 hours, 7 days a week, Other

services by appointment

Services: Private, not-for-profit psychiatric facility providing outpatient treatment and short-term hospitalization for all ages. For children and adolescents - Laurel Hall School, partial hospital program and residential care.

CASA, Inc.

Address: 116 West Baltimore Street Hagerstown, MD 21740

Website: www.casainc.org Phone: Day- 301-739-4990 Hotline available 24 hours- 301-739-8975

Hours: 8:30 a.m. to 4:30 p.m. Monday thru Thursday, 8:30 a.m. to 3:00 p.m. Fridays

(Evenings, weekends, and holidays please call Hotline) Services: Provides crisis intervention, shelter, support groups, and counseling to victims of domestic violence and sexual assault. Also provides legal services for clients and counseling for children.

Change Health Systems, Inc.

Address: 7 North Potomac Street Hagerstown, MD 21740

Website: www.change-health.com

Phone: 240-420-1850

Hours: 8:00 a.m. to 6:30 p.m. Monday thru Friday

Services: A community- based wellness center that provides psychiatric recovery, rehabilitation and therapeutic services to individuals and families.

Children In Need, Inc.

Address: 131 West North Avenue, Hagerstown, MD 21740

Website: www.childreninneedwashingtoncounty.org

Phone: 301-671-2014

Hours: For clients - 8:30 a.m. to noon Wednesday and Friday, Donations - 8:00 a.m. to 12:00

noon Monday through Friday

Services: Provides free clothing, under-clothing, hygiene, and school supplies to school aged

children. Eligibility letter for free or reduced lunch is used for registration.

Children's Village of Washington County

Address: 1546 Mt. Aetna Road, Hagerstown, MD 21740

Website: www.childrensvillagehgr.com

Phone: 301-766-8502

Hours: 8:30 a.m. to 4:00 p.m. Monday thru Friday

Services: A unique nonprofit safety education organization that provides elementary school children of Washington County with the knowledge, skills, and confidence needed to prevent injury, and empower them to make informed safety decisions.

Co-Dependents Anonymous

Address: 1035 Haven Road, Hagerstown, MD 21742 Website: https://coda.org/meeting/hagerstown-coda-group/

Phone: 301-293-2243

Hours: 6:30 p.m. to 7:30 p.m. Thursday

Services: Provides co-dependent support group meetings to Hagerstown and Washington County residents.

Commission on Aging, Inc.

Address: 535 East Franklin Street, Hagerstown, MD 21740

Website: www.wccoaging.org

Phone: 301-790-0275

Hours: 9:00 a.m. to 4:00 p.m. Monday thru Friday

Services: Plans, coordinates and provides services to help persons aged 60 and older who live in Washington County maintain their independence and dignity.

Community Action Council, Inc.

Address: 117 Summit Avenue, Hagerstown, MD 21740

Website: www.wccac.org Phone: 301-797-4161

Hours: 8:30 a.m. to 4:30 p.m. Monday thru Friday

Services: Provides crisis assistance such as court eviction, first month's rent, utility termination, and food pantry. Provides information, referrals, and direct assistance for such varied needs as housing assistance & counseling, property assistance programs, transportation, and the Maryland Energy Assistance Program.

Community Free Clinic

Address: 249 Mill Street, Hagerstown, MD 21740

Website: www.mycommunityfreeclinic.org

Phone: 301-733-9234

Hours: 8:00 a.m. to 5:00 p.m. Monday thru Thursday

Services: Provides clinics for blood pressure checks, medication refills, primary care, medication monitoring, chronic care and well care; clinic for pap smears, breast exams and family planning; bone and foot clinic; mental health clinic and pediatric clinic.

Compassionate Wellness Center

Address: 44 North Potomac Street, Suite 101 & 102, Hagerstown, MD 21740

Website: www.compassionatewc.com

Phone: 240-513-6001

Hours: 9:00 a.m. to 5:30 p.m. Monday thru Friday

Services: Services include palliative care, mental health and substance abuse counseling/ therapy, medication-assisted treatments for addiction disorders, medication management, Psychiatric Rehabilitation Program/case management (PRP) for clients age 5 to adult.

County Medical Transport

Address: 15852 Falling Waters Road, P.O. Box 452, Williamsport, MD 21795

Website: www.countymedicaltransport.com

Phone: 301-582-6131

Hours: Open 24 hours a day

Services: Provides non-emergency ambulance and wheelchair van service that is medically necessary to get you to and from doctor's appointments, nursing homes, medical facilities/labs, hospitals/clinics, residential and other as arranged with county medical transport. There are fees for this service.

Custody Assistance - Washington County Circuit Court

Address: 24 Summit Avenue, Hagerstown, MD 21740 Website: www.mdcourts.gov/clerk/s/washington/family

Phone: 240-313-2580

Hours: 8:30 a.m. to 1:00 p.m. Thursday

Services: Child custody/quardianship assistance offers legal services to families. There is a fee for application of custody or quardianship, but assistance is available.

Deafnet Association, Inc.

Address: 551 Jefferson Street, Hagerstown, MD 21740

Website: www.deafnetmd.org

Phone: 301-791-9025 Video Phone 240-329-9687

Hours: 8:00 a.m. to 4:00 p.m. Monday thru Friday 24-hour service available by phone Services: Promotes those concerns that affect the general welfare of the hearing-impaired population in Washington County and provides qualified interpreters, training and classes.

Developmental Disabilities Administration

Address: 1360 Marshall Street, Hagerstown, MD 21740

Website: www.mdcsl-dpscs.org

Phone: 301-791-4670

Hours: 8:00 a.m. to 5:00 p.m. Monday thru Friday

Services: Provides information regarding programs that offer individual and family support, case management, residential services, supportive employment, foster care, adult services, group homes and alternative living units. Applications are accepted and appropriate programs selected.

Division of Rehabilitation (DORS)

Address: 16 West Washington Street, Hagerstown, MD 21740

Website: www.dors.state.md.us

Phone: 301-733-1209

Hours: 8:00 a.m. to 4:30 p.m. Monday thru Friday

Services: Provides vocational rehabilitation services to disabled consumers. Services include

evaluation, training, physical and mental restoration, and employment placement.

Early Intervention Program, WCPS

Address: 10435 Downsville Pike, Hagerstown, MD 21740

Website: www.sites.google.com/wcps.k12.md.us/special-education-parent-port2/birth-to-k

Phone: 301-766-8217

Hours: 8:00 a.m. to 4:00 p.m. Monday thru Friday

Services: Provides comprehensive coordinated éarly intervention services (speech, psychological, physical therapy, nursing, etc.) to families of young children who have or are at risk for

developmental delays. Services are provided to meet the unique needs of your child and family.

Excel Youth

Address: 1301 West Washington Street, Suite 101, Hagerstown, MD 21740

Website: www.excelyouth.com

Phone: 301-790-0572

Hours: 9:00 a.m. to 8:00 p.m. Monday thru Friday 10:00 a.m. to 4:00 p.m. Saturday

Services: A psychiatric rehabilitation program that works collaboratively with therapists to help children with mental health diagnoses develop the skills necessary to thrive. Excel Youth's Washington county office also provides therapy, psychiatry and medication management services.

Family Healthcare of Hagerstown

Address: 201 S. Cleveland Avenue, Hagerstown, MD 21740

Website: www.familyhch.org

Phone: 301-745-3777

Hours: 8:00 a.m. to 5:00 p.m. Monday thru Friday

Services: Medical practitioners provide primary and dental care for patients of all ages, infants to seniors, and mental health care for adults. They are staffed by board-certified physicians and nurse practitioners who believe that the health of our community depends on providing care and treatment to all people, regardless of ability to pay.

Family Support Resource Center

Address: 10435 Downsville Pike, Hagerstown, MD 21740

Phone: 301-766-8221

Hours: 8:30 a.m. to 3:30 p.m. Monday thru Friday

Closed when schools are closed, except on Professional Days

Services: Assists parents of children and young adults in Washington County Public Schools who have special needs. The center serves as a link between family, school, and community. email contact - gipecry@wcps.k12.md.us

Food Banks

Services: Food is provided to individuals and families in need

BOONSBORO Trinity Lutheran Church 64 S. Main Street, Boonsboro, Maryland 21713 301-432-2226 HOURS: 1:00am – 3:00pm Thursday

CLEAR SPRING St. Peter's Lutheran Church 30 S. Main Street, Clear Spring, Maryland 21722 301-842-2505 HOURS: 1:00am – 2:00pm, Tuesday and Thursday

COMMUNITY ACTION COUNCIL 101 Summit Avenue, Hagerstown, Maryland 21740 301-797-4161 HOURS: 8:30am – 12:00pm and 1:00pm – 3:00pm; Mon., Tues., Thurs., Fri. (Need Picture ID, Proof of Income, Household Membership)

COMMUNITY FOOD BANK (at St. Mark's Lutheran Church) 601 Washington Avenue, Hagerstown, Maryland 21740 301-733-7550 www.stmarkslc.org

HOURS: 1:00pm - 3:00pm, Monday, Tuesday, Thursday and Friday

HAGERSTOWN Adventist Community Services 35 E. Washington Street, Hagerstown, Maryland 21740 301-739-3854 HOURS: 10:00am – 2:00pm, Tuesday and Thursday

Food Banks (cont.)

HANCOCK LIONS FOOD BANK 142 High Street, Hancock, Maryland 21750 301-678-5773/301-678-6839

RAVEN HOUSE 32 East Avenue, Hagerstown, Maryland 21740 240-420-6506 HOURS: 11:00am - 2:00pm, Tuesday

SALVATION ARMY 534 W. Franklin Street, Hagerstown, Maryland 21740 301-733-2440HOURS: 9:00am - 11:00am; 1:00pm - 3:00pm, Monday thru Friday (Need Picture ID, proof of current address, proof of income, proof of household size)

SMITHSBURG St. Paul's United Methodist Food Bank 51 S. Main Street, Smithsburg, Maryland 21783 301-824-3521 HOURS: Tuesday, 10:00am - 11:00am, by appointment (Live in Smithsburg School District)

TRINITY LUTHERAN CHURCH FOOD PANTRY 15 Randolph Street, Hagerstown, Maryland 21740 301-733-2878 HOURS: Call for hours

WILLIAMSPORT Zion Lutheran Church 35 W. Potomac Street, Williamsport, Maryland 21795 301-223-7260 HOURS: 9:00am - 12:00pm Monday and Thursday (Williamsport residents only)

Girl Scouts Council, Martinsburg Office

Address: 153 McMillan Court, Martinsburg, WV 25404

Website: www.gscnc.org Phone: 304-263-8833

Hours: Office hours-9:00 a.m. to 5:00 p.m. Monday thru Friday -

Shop hours- 10:00 a.m. to 4:00 p.m. Monday thru Friday 10:00 a.m. to 2:00 p.m. Saturday - Seasonal Services: A leadership experience that provides outcome-based program activities that are designed to guide girls along a life-long path to lead with courage, confidence, and character as they continue to make the world a better place. Store sells numerous Girl Scout related items

Girls Incorporated

Address: 626 Washington Avenue, Hagerstown, MD 21740

Website: www.girlsinc-md.org Phone: 301-733-5430

Summer Hours: 7:45 a.m. to 5:00 p.m. M-F Winter Hours: 2:15 p.m. to 6:00 p.m. M-F Services: Provides educational, recreational, and social programs for girls ages 6 to 18 in an environment that gives them a choice, a chance, and a challenge on a daily basis.

Goodwill Industries

Address: 14515 Pennsylvania Avenue, Hagerstown, MD 21742

Website: www.horizongoodwill.org

Phone: 301-733-7330

Hours: 8:00 a.m. to 6:00 p.m. - Monday thru Saturday 10:00 p.m. to 6:00 p.m., Sunday Services: Offer a wide variety of services to the local community, ranging from business

solutions, job training, and human resource assistance.

Habitat for Humanity

Address: 100 Charles Street, Hagerstown, MD 21740

Website: www.habitat-wc.org

Phone: 301-791-9009 / 301-745-5457 (ReStore)

Hours: 9:00 a.m. to 5:00 p.m., Wednesday thru Friday 9:00 a.m. to 3:00 p.m., Saturday Services: A non-profit housing organization dedicated to building new homes for those who otherwise could not afford decent housing. Each applicant is required to work at least 300 hours in "sweat equity" before they are eligible for their home (300 hours for each adult in the family).

Hagerstown Area Police Athletic League

Address: 520 North Cannon Avenue, Hagerstown, MD 21740

Website: m.facebook.com/hagerstownpal

Phone: 301-573-8275

Hours: 5:00 p.m. to 8:00 p.m. Monday and Friday, 9:00 a.m. to 8:00 p.m. Tuesday thru Thursday 9:00 a.m. to 7:00 p.m. Saturday 12:00 p.m. to 7:00 p.m. Sunday Services: The Hagerstown Police Athletic League works to create positive relationships with area

your and law enforcement through recreational programs.

Hagerstown Area Pregnancy Center

Address: 152 West Washington Street, Hagerstown, MD 21740

Website: hapconline.com

Phone: 301-739-8717

Hours: 9:00 a.m. to 5:00 p.m. Monday & Wednesday, 8:00 a.m. to 4:00 p.m. Tuesday & Thursday Services: Provides pregnancy testing, ultrasounds, counseling, education on sexual health, and lifestyle & relationship information.

Hagerstown City Police

Address: 50 North Burhans Boulevard, Hagerstown, MD 21740

Website: hagerstownmd.org/Directory.aspx?DID=20

Phone: 301-790-3700 (Non-emergency)

Hours: 24 hours, 7 days a week

Services: Responds to calls within the city limits.

Hagerstown Holistic Wellness

Address: 28 South Potomac Street, #2R, Hagerstown, MD 21740

Website: www.hagerstownholisticwellness.com

Phone: 301-671-5549

Hours: 10:00 a.m. to 1:00 p.m. & 4:00 p.m. to 6:15 p.m., Tuesday & Thursday 10:30 a.m. to 12:30 p.m.

Saturday (twice a month)

Services: Community Acupuncture, One-on-one Acupuncture sessions, Counseling,

Hypnotherapy, and Energy Healing (Reiki & Shamanic)

Hagerstown VA Clinic

Address: 1101 Opal Court, Suite 202, Hagerstown, MD 21740

Website: www.martinsburg.va.gov/locations/hagerstown.asp

Phone: 800-817-3807

Hours: 8:00 a.m. to 4:30 p.m., Monday, Tuesday, Thursday & Friday 7:30 a.m. to 4:00 p.m. Wednesday Services: Provides Veterans accessible, coordinated, comprehensive, patient-centered health care.

Head Start of Washington County

Address: 325 West Memorial Blvd., Hagerstown, MD 21742

Website: www.headstartwashco.org

Phone: 301-733-0088

Hours: 8:00 a.m. to 5:00 p.m. Monday thru Friday

Services: Provides a comprehensive child development program for preschool children and their families. Children must be between three and five years of age and the family must meet income requirements established by Health and Human Sérvices. The program offers services such as health, nutrition, mental health, parent education and parent training.

Center Locations: Elgin Station Community Center, Martin Luther King Center, Noland Community Center, Sargent Shriver Head Start Center

Homecall, Inc

Address: 1800 Dual Highway, Suite 306, Hagerstown, MD 21742

Website: Ihcgroup.com/locations/homecall-of-hagerstown Phone: 240-329-9033

Hours: 8:00 a.m. to 4:30 p.m. Monday thru Friday

Services: Provides skilled nursing, speech pathology, physical therapy, occupational therapy, medical social work, personal care, home health aide service, homemaker services, companionship, and private duty nurse.

Hospice of Washington County

Address: 747 Northern Avenue, Hagerstown, MD 21742

Website: www.hospiceofwc.org

Phone: 301-791-6360 (24 hours a day)

Hours: 8:00 a.m. to 5:00 p.m. Monday thru Friday

Services: Provides community education and comprehensive care for the terminally ill person and his/her family as they face medical, emotional, social, and spiritual needs. Support is provided before and after the death of a loved one. Crisis counseling is available to all residents of Washington County. Sessions pertaining to assisting children can be arranged and can be held during the school day, with parent's permission.

Housing Authority

Address: 35 West Baltimore Street, Hagerstown, MD 21740

Website: www.hagerstownha.com

Phone: 301-733-6911

Hours: 8:00 a.m. to 4:30 p.m. Monday thru Friday

Services: Provides housing and rental assistance programs for low-income elderly and families.

Innovative Therapeutic Services

Address: 20 West Washington Street, Suite 503, Hagerstown, MD 21740

Website: www.innovativetherapy.org

Phone: 301-393-3949

Hours: 9:00 a.m. to 6:00 p.m. Monday thru Friday

Services: An outpatient mental health clinic that provides individual, group, and family counseling; psychiatric services for children and adults; and psychiatric rehabilitation services to children, adolescents and adults.

Interfaith Service Coalition

Address: 116 West High Street, Hancock, MD 21750

Website: www.ischancock.wordpress.com

Phone: 301-678-6605

Hours: 10:00 a.m. to 4:00 p.m. Monday thru Friday

Services: Assist families and individuals with food distribution for the low income, educational and esteem building program for adults; literacy project tutoring and reading for all ages.

Jack E. Barr Center for Well-being

Address: 8504 Mapleville Road, Boonsboro, MD 21713

Website: www.jebcenter.com Phone: 301-733-9067 x600

Hours: 8:00 a.m. to 4:30 p.m. Monday thru Friday

Services: The Center specializes in children and adolescents who have trauma but serves all ages and many diagnoses. Individual counseling, couples, parent-child conflict, family counseling, grief counseling, group sessions.

Judy Center of Washington County

Address: 1311 Yale Drive, Hagerstown, MD 21742

Website: www.facebook.com/JudyCenterofWashingtonCounty/about/?ref=page internal Phone: 301-766-8683

Hours: 8:30 a.m. to 4:00 p.m. Monday thru Friday

Services: Offer a wide range of services for children age birth through Kindergarten and their low-income families. The goal of Judy Centers is school readiness.

Juvenile Services, WC Department of

Address: 44 North Potomac Street, Suite 300, Hagerstown, MD 21740

Phone: 301-791-7171

Hours: 8:00 a.m. to 5:00 p.m. Monday thru Friday

Services: Seeks to ensure public safety and profection of the community, to hold juvenile offenders accountable to victims and communities, and to develop youth competency and character to assist them in becoming responsible and productive members of society.

Juvenile Services, WC Diversion Program

Address: 44 North Potomac Street, Suite 300, Hagerstown, MD 21740

Phone: 301-791-7314 Hours: 8:00 a.m. to 5:00 p.m. Monday thru Friday

Services: This program connects youth and families with necessary community-based services in an effort to help the youth and family to be more successful.

Maryland Coalition of Families

Address: 10632 Little Patuxent Parkway, Suite 234 Columbia. MD 21044

Website: www.mdcoalition.org

Phone: 410-730-8267 Hours: 8:00 a.m. to 4:00 p.m. Monday thru Friday

Services: Works with caregivers and other loved ones to help them access needed supports and services for their families. Empowers family members to advocate for improving services in all systems of care for children, youth, adults and families.

Maryland Family Network

Address: 1001 Eastern Avenue, 2nd Floor Baltimore, MD 21202.

Website: www.marylandfamilynetwork.org

Phone: 410-659-7701

Hours: 8:30 a.m. to 4:30 p.m. Monday thru Friday
Services: Helps parents find quality early learning environments that are just right for their growing families; offers state-of-the-art training, mentoring, coaching, and other supports to Maryland's dedicated childcare workforce.

Maryland Youth Crisis Hotline

Website: www.help4mdyouth.org/how-we-help

Phone: 800-422-0009

Hours: 24/7 hours a day, 365 days a year Services: Help4MDYouth is a confidential, secure, and anonymous way of reaching out for help when you don't know where else to turn.

Mediation First, Inc.

Address: 82 W. Washington, Suite 309, Hagerstown, MD 21740

Website: www.choosemediation1st.org

Phone: 240-200-4108

Hours: 9:00 a.m. to 5:30 p.m. Monday thru Friday

Services: Community mediation provides a non-profit framework for assuring access to mediation service at the community level with control and responsibility for dispute resolution maintained in the community. It helps people reach agreements, rebuild relationships, and find permanent solution to their disputes.

Mental Health Authority

Address: 339 E. Antietam Street, Suite 5, Hagerstown, MD 21740

Website: www.wcmha.org

Phone: 301-739-2490

Hours: 8:00 a.m. to 4:30 p.m. Monday thru Friday

Services: Provides information and réferrals to pérsons with mental illness that is accessible,

comprehensive, coordinated, professional and affordable.

Mental Health Center, Inc.

Address: 1180 Professional Court, Hagerstown, MD 21740

Website: www.thementalhealthcenter.net

Phone: 301-791-3045

Hours: 8:00 a.m. to 6:00 p.m., Monday, Wednesday and Thursday 8:00 a.m. to 8:00 p.m.,

Tuesday 8:00 a.m. to 5:00 p.m., Friday

Services: Offers a comprehensive and coordinated menu of outpatient treatment and rehabilitation services to children, adolescents, adults, and their families.

Meritus Health/Meritus Medical Center

Address: 11116 Medical Campus Road, Hagerstown, MD 21742

Website: www.meritushealth.com

Phone: 301-790-8000

Hours: Hospital - 24 hours a day Other services' hours vary Services: The largest healthcare provider in Western Md. Programs range from inpatient care to occupational health services to physician practices and outpatient care. The system delivers patient care through two primary components, Meritus Medical Center (formerly W.C. Hospital) and Meritus Enterprises (formerly Antietam Health Services)

Mount Hope Center

Address: 25 Summit Avenue, Hagerstown, MD 21740 Phone: 301-791-2550

Hours: 8:00 a.m. to 4:00 p.m. Monday thru Friday

Services: Under our Prison Ministry Outreach, we offer correspondence programs, literature, books, Bibles, and team, and personal visitation in local institutions (when possible). Mount Hope offers counseling, a special ministry to individuals wanting a referral service, community hours (court restitution program), and assistance in obtaining practical needs, such as food, shelter, and furniture.

Museum of Fine Arts, Washington County

Address: 401 Museum Drive, P.O. Box 423, Hagerstown, MD 21741

Website: www.wcmfa.org

Phone: 301-739-5727

Hours: 10:00 a.m. to 4:00 p.m., Tuesday thru Saturday 1:00 p.m. to 4:00 p.m., Sunday Services: Provides art classes, concerts, lectures, tours, and special children's events.

Narcotics Task Force of Washington County

Website: http://wcntf.net/index.html

Phone: 301-791-3205

Hours: 8:00 a.m. to 5:00 p.m., Monday thru Friday

Services: Investigates the improper use of narcotics or drugs

National Suicide Prevention Lifeline

Website: www.suicidepreventionlifeline.org

Phone: 800-273-8255

Hours: 24/7 hours a day, 365 days a year

Services: Free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

Office of Consumer Advocates, Inc.

Address: Soul Haven, 119 East Antietam Street, Hagerstown, MD 21740

Website: www.ocamd.org/soul-haven

Phone: 301-733-6676

Hours: 10:00 a.m. to 4:00 p.m., Monday thru Friday

Services: Provides a network and programming to assist adults on the road to recovery and

works to promote wellness by peer support and advocacy.

Parent-Child Center

Address: 998 Potomac Avenue, Hagerstown, MD 21742

Website: allegany.md.networkofcare.org/mh/services/agency.aspx?pid=ParentChildCenter

Phone: 301-791-2224

Hours: 8:30 a.m. to 4:30 p.m. Monday thru Friday

Services: Provides parent aides to families who need parenting skills, as well as community

education through parenting classes

Pediatric Movement Center

Address: 1045 Maryland Avenue, Hagerstown, MD 21740

Website: www.pmchag.com

Phone: 301-739-5437

Hours: 8:00 a.m. to 6:00 p.m. Monday thru Friday

Services: Provides comprehensive therapeutic, recreation, and support services to children and

their families

Potomac Case Management Services, Inc.

Address: 324 East Antietam Street, Suite 301, Hagerstown, MD 21740

Website: www.pcmsinc.org Phone: 301-791-3087

Hours: 8:00 a.m. to 4:30 p.m. Monday thru Friday

Services: Early childhood, general case management, intensive adult foster care, juvenile drug court, Journey Life Care, Love & Logic, and in-home behavioral health.

Prevention Coalition

Website: www.thepreventioncoalition.org

Hours: 24/7 hours a day, 365 days a year

Services: Prevention Coalition is an informational site designed to education parents, teachers and concerned community members about teen drug use and ways to prevent it.

QCI Behavioral Health

Address: 201 North Burhans Boulevard, Hagerstown, MD 21740

Website: www.acihealth.com

Phone: 301-791-2660

Hours: 8:30 a.m. to 5:00 p.m., Monday thru Friday

Services: Provides mental health outpatient and mobile treatment services to children,

adolescents and adults.

Reach of Washington County

Address: 140 W. Franklin Street, Suite 300. Hagerstown, MD 21740

Website: www.reachofwc.org

Phone: 301-733-2371

Hours: Varies based on program

Services: A faith-based, non-profit organization available 24 hours a day for emergencies such as motel placements for homeless families, shelter, day resources, and crisis assistance. Financial education and stability classes are also provided.

Resources for Immigrant Support and Empowerment (RISE) Coalition of Western Maryland

Website: www.risewesternmd.com

Hours: Website available 24 hours a day

Services: Serves, elevates and empowers the immigrant community in Western Maryland.

Robert W. Johnson Community Center, Inc.

Address: 109 West North Avenue, Hagerstown, MD 21740

Website: www.rwjcc.org

Phone: 301-790-0203

Hours: After school program - 2:00 p.m. to 7:00 p.m., Monday thru Friday

Summer Camp: 8-week program 9 a.m. to 3p.m. Early drop-off at 8 a.m. available for a fee Services: Provides recreational, educational, social, and character-building activities designed to meet the needs of youth.

Safe Place Washington County Child Advocacy Center

Address: 24 North Walnut Street, Suite 201, Hagerstown, MD 21740

Website: www.safeplacechildadvocacy.org

Phone: 240-420-4308

Hours: 8:30 a.m. to 4:30 p.m., Monday thru Friday

Services: Serves children who have suffered sexual and/or physical abuse with advocacy, legal, medical and counseling services in one location.

Salvation Army

Address: 525 George Street, Hagerstown, MD 21740

Website: www.salvationarmyhagerstown.org

Phone: 301-733-2440

Hours: 9:00 a.m. to 4:00 p.m. Monday thru Friday Office closed between 12:00 and 1:00 p.m. Services: Administers funds for emergency family relief (food, fuel, rent, and medicine) and provides family counseling, marriage counseling, aid to transients, and emergency housing for women and children.

SAMHSA's National Helpline

Website: www.samhsa.gov/find-help/national-helpline

Phone: 800-662-4357

Hours: 24/7 hours a day, 365 days a year

Services: A free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders.

San Mar Children's Home, Inc.

Address: 8504 Mapleville Road, Boonsboro, MD 21713

Website: www.sanmarhome.org

Phone: 301-733-9067

Hours: 8:30 a.m. to 5:00 p.m., Monday thru Friday

Services: The Center specializes in children and adolescents who have experienced trauma but serves all ages and many diagnoses. Licensed certified social workers, a state certified educational program, a program of therapeutic recreation, and a structured residential program. In addition, San Mar is licensed as a placement agency, and as such, provides foster care services to boys and girls. It also operates an independent living home. Referrals come through DSS, Juvenile Justice or Department of Mental Hygiene.

Sheriff's Department of Washington County

Address: 500 Western Maryland Parkway Hagerstown, MD 21740

Website: www.washcosheriff.com

Phone: 240-313-2100 (non-emergency)

Hours: Patrol and Detention Center services available 24 hours. Administrative staff 8:00 a.m. to 4:00 p.m., Monday thru Friday

Services: Enforces all of the traffic, civil and criminal laws of Maryland and Washington County.

Smoke Detector Program, Hagerstown Fire Department

Address: 25 West Church Street, Hagerstown, MD 21740 Website: www.hagerstownmd.org/1076/Reguest-a-Service

Phone: 301-790-2476

Hours: 8:00 a.m. to 5:00 p.m., Monday thru Friday

Services: Provides free smoke alarms to all

residents within corporate boundaries. Installed free of charge.

Social Security Administration

Address: 1710 Underpass Way, Suite 100, Hagerstown, MD 21740

Website: www.ssa.gov Phone: 866-331-7125

Hours: 9:00 a.m. to 4:00 p.m., Monday thru Friday or call 1-800-772-1213 for assistance daily. Services: Provides assistance with social security claims, supplemental security income claims, and Medicare claims.

Star Community, Inc.

Address: 13757 Broadfording Church Road, Hagerstown,

Website: www.starcommunityinc.org

Phone: 301-790-0011

Hours: 8:00 a.m. to 4:00 p.m., Monday thru Friday

Services: Provides a full range of services and living options from assisted living to small group home emphasizing independent living skills and individualized 24-hour assistance. Services offered to individuals with developmental disabilities. Star Equestrian Center offers therapeutic horseback riding to all individuals.

Together Everyone Achieves More (TEAM)

Address: 101 East Franklin Street, Hagerstown, MD 21740

Website: www.teamforall.org

Phone: 410-645-8666

Hours: 9:30 a.m. to 6:00 p.m., Monday thru Friday

Services: A non-profit behavioral health provider serving to inspire, empower, and work

withcommunities to alleviate poverty through education,

mental and physical wellness services.

Tri-State Community Health Center

Address: 130 W. High Street, Hancock, MD 21750

Website: www.tschc.com/hancock.html

Phone: 301-678-7256

Hours: 8:00 a.m. to 8:00 p.m., Monday thru Thursday 8:00 a.m. to 5:00 p.m., Friday

Services: Provides accessible, comprehensive primary care and preventive health services such as well childcare, immunizations, health education, diet counseling and family planning. It serves residents of Washington, Allegany County in Maryland, Fulton County in PA and Morgan County in West Virginia.

Turning Point of Washington County, Way Station, Inc.

Address: 328 N. Potomac Street, Hagerstown, MD 21740

Website: www.sheppardpratt.org/way-station/

Phone: 301-733-6063

Hours: 8:00 a.m. to 6:00 p.m. Monday thru Friday

Services: Offers mental health and social services for individuals with special education needs, co-occurring disorders, and developmental disabilities throughout Maryland.

Unified Community Connections

Address: 118 East Oak Ridge Drive, Hagerstown, MD 21740

Website: www.unified.org Phone: 301-790-1493

Hours: 8:30 a.m. to 4:30 p.m. Monday thru Friday

Services: A private, nonprofit organization that serves, assists and advocates for children and adults with cerebral palsy and other physical disabilities.

Valor Ministries

Address: 324 East Antietam Street, Suite 104, Hagerstown, MD 21740

Website: www.thevalorcenter.org

Phone: 240-329-9387

Hours: 9:30 a.m. to 3:30 p.m., Monday thru Wednesday 9:30 a.m. to 1:30 p.m., Thursday Services: As a nonprofit organization that partners with other community agencies to provide educational, resource, and support services to low-income residents of Washington County (WC). MD.

Washington County Arts Council

Address: 34 South Potomac Street, Suite 100, Hagerstown, MD 21740

Website: www.washingtoncountyarts.com

Phone: 301-791-3132

Hours: 11:00 a.m. to 5:00 p.m., Tuesday thru Friday 10:00 a.m. to 4:00 p.m. or by Appt, Saturday Services: Provides a wide variety of programming; technical assistance; funding opportunities; and encouragement to arts organizations and individual artists, developing connections between them and those who desire to have art in their lives.

Washington County Community Mediation Center

Address: 5 Public Square, Ste. 204. Hagerstown, MD 21740

Phone: 301-665-9262

Hours: 9:00 a.m. to 5:00 p.m. Monday thru Friday

(Mediations also held evenings & weekends by appointment)

Services: Trained, neutral mediators help disputing parties find "win win" solutions to their conflicts. Mediators guide the participants through a communication process that helps them to first identify their issues and then generate their own solutions. All services are free and confidential.

Washington County Department of Social Services

Address: 122 North Potomac Street. Hagerstown, MD 21740

Website: www.dhs.maryland.gov/local-offices/washington-county/ Phone: 240-420-2100 240-420-2222 (emergency after hours)

Hours: 8:00 a.m. to 4:30 p.m. Monday thru Friday

Services: Grants financial assistance and provides specific social services to individuals. families, and children who are in need and who meet specific eligibility requirements including aid to families with dependent children, disability assistance and loan program, food stamps and medical assistance. Handles any human trafficking for minors.

Washington County Family Center

Address: 221 McRand Court, Hagerstown, MD 21740 Website: www.togetherwithfamilies.org/family-center

Phone: 301-790-4002

Hours: 8:00 a.m. to 4:00 p.m. Monday thru Friday

Services: Provides positive support, adult education, child development services, parent education, and limited transportation to help young parents become self-sufficient.

Washington County Health Department

Address: 1302 Pennsylvania Avenue, Hagerstown, MD 21742 Note: Addictions and Mental Health are located at 925 N. Burhans Blvd.

Website: www.washhealth.org

Phone: 240-313-3200

Addictions & Mental Health 240-313-3310 Children's Medical Services 240-313-3280 Healthy Families Program 240-313-3270

Hours: 8:00 a.m. to 5:00 p.m., Monday thru Friday Services: Offers services for those of all ages with all types of health issues.

Washington County Parks & Recreation

Address: 11400 Robinwood Drive, Hagerstown, MD 21742

Website: www.washco-md.net/recreation-fitness/

Phone: 240-313-2805

Hours: 7:30 a.m. to 4:00 p.m., Monday thru Friday

Services: Deliver recreation programs that are attractive, accessible and provide memorable experiences. They aim to serve people of all ages to create a desirable community to live, work, and play.

Washington County Public Schools

Address: 10435 Downsville Pike, Hagerstown, MD 21740

Website: www.wcpsmd.com

Phone: 301-766-2800 School Counseling Office: 301-766-2963 Student Services Office: 301-766-2960

Hours: 8:00 a.m. to 4:30 p.m. Monday thru Friday Services: School Counseling - Bullying, college & career readiness, scheduling, self-injury, School Crisis Response www.wcpsmd.com/school-counseling Student Services - Interpretation of school policies, including policies on attendance, special classes, court referral, exclusion, exemption from high school, promotion www.wcpsmd.com/student-services.

Washington County Transit

Address: 1000 West Washington Street, Hagerstown, MD 21740

Website: www.washco-md.net/transit/

Phone: 240-313-2750

Hours: 7:30 a.m. to 4:30 p.m. Monday thru Friday

Services: A public transportation service. Services include fixed bus route, paratransit, voucher program, and job access program.

Wellspring Counseling Services

Address: 1140 Opal Court, Hagerstown, MD 21740

Website: www.wellspringcounseling.org

Phone: 240-233-2512

Hours: 9:00 a.m. to 9:00 p.m., Monday thru Thursday 9:00 a.m. to 5:00 p.m., Friday Services: Specialize in individual, couples, group and family therapy and utilize solution-focused therapeutic methods.

Western Maryland Consortium

Address: 33 West Washington Street, 4th Floor, Hagerstown, MD 21740

Website: www.westernmarvlandconsortium.org

Phone: 301-791-3164

Finding 300 a.m. to 3:30 p.m., Monday thru Friday
Services: Provides federally funded job programs to help the economically disadvantaged, unemployed and underemployed. It provides adult basic education classes, GED preparation classes, career exploration, job search, vocational evaluations, classroom training and tuition reimbursement programs, on-the-job training programs, and summer youth employment programs. Also provided are job training opportunities to dislocated workers needing retraining.

Western Maryland Counseling Center

Address: 322 East Antietam Street, Suite 101, Hagerstown, MD 21740

Website: www.westernmdcc.com

Phone: 301-733-2431

Hours: 8:30 a.m. to 6:30 p.m., Monday thru Thursday 10:30 a.m. to 4:30 p.m., Friday

Services: Provide assessment and treatment of mental health and chemical dependency problems. Provides services for children, adolescents and adults.

Western Maryland Hospital Center

Address: 1500 Pennsylvania Avenue, Hagerstown, MD 21740 Website: www.wmhc.us

Phone: 301-745-4200 Hours: 7:00 a.m. to 9:00 p.m., Monday thru Friday

Services: Provides diagnosis, evaluation, treatment and care of patients with long-term illness except for mental disease. Rehabilitation is a principal objective. Patients are also admitted for terminal care or for continuous mechanical respiration. Outpatient renal dialysis is performed for severe kidney disease.

Willow Tree Counseling Center

Address: 414 S. Conococheague Street, Williamsport, MD 21740

Website: www.willowtreecounseling.org

Phone: 301-305-1740

Hours: 9:00 a.m. to 9:00 p.m., Monday thru Friday Evening and Saturday appointments available Services: Provides counseling services for children, teen, and young adults to include play therapy, family therapy, and early teen substance use intervention.

YMCA

Address: 1100 Eastern Blvd. North, Hagerstown, MD 21742 Website: www.ymcahagerstown.org

Phone: 301-739-3990

Hours: 5:00 a.m. to 9:00 p.m., Monday thru Friday

6:00 a.m. to 6:00 p.m., Saturday 8:00 a.m. to 5:00 p.m., Sunday Services: Community-focused nonprofit organization with exercise, recreational programs & services for all ages.

Hotline Numbers

Alzheimer's Association	800-272-3900
Cocaine Abuse and Crisis Intervention	800-262-2463
Listening Line	301-790-5054
Maryland Poison Control	800-222-1222
National AIDS/HIV	800-342-AIDS
National Center for Missing and Exploited Children	
National Child Abuse	800-422-4453
National Human Trafficking	
Reporting Child Abuse (Washington County)	240-420-2222
Runaway Switchboard	
Sexually Transmitted Diseases	800-232-4636

Family/Social Activities

Antietam Battlefield

Address: 302 East Main Street, Sharpsburg, MD 21782

Website: https://www.kidsinparks.com/

Services: Kids in Parks is an expanding network of family-friendly outdoor adventures called TRACK Trails. Each TRACK Trail features self-guided brochures and signs that turn your visit into a fun and exciting outdoors experience. Best of all, you can earn PRIZES for tracking your adventures!

Authentic Community Theatre

Address: 1000 Florida Avenue, Hagerstown, MD 21740

Website: https://actforall.org

Phone: 301-491-7228

Services: Classes will cover resumes, vocal performance, and acting techniques!

C & O Canal

Address: 1850 Dual Highway, Suite 100, Hagerstown, MD 21740 (mailing address)

Website: https://www.nps.gov/choh/index.htm

Phone: 301-739-4200

Services: Enjoy hikes and trails along the canal

City of Hagerstown

Website: https://www.hagerstownmd.org/1486/Virtual-Classes

Services: Provides a list of virtual classes being offered for the whole family.

Discovery Station

Address: 101 West Washington Street, Hagerstown, MD 21740

Website: https://discoverystation.org/

Facebook Page

Phone: 301-790-0075

Services: Discovery Station, Inc. has virtual programs and STEAM activities online.

Downtown Hagerstown

Website: https://www.hagerstownmd.org/158/Downtown-Events

Services: Hagerstown has many upcoming events scheduled over the next few months. See all on

their website.

Eventbrite

Website: https://www.eventbrite.com/d/online/free--events/?lang=en&page=1

Services: A number of virtual classes, some available only to specific regions, others are open to all.

FIT Boonsboro

Address: 3 Saint Paul Street, Boonsboro, MD 21713

Website: https://www.facebook.com/fitinboonsboro/

Phone: 301-432-5206

Services: Yoga classes are provided online and in person. It is free and open to the public.

Frederick County Public Library

Address: Various Locations in Frederick, Maryland

Website: www.fcpl.org/programs-events/recent-virtual-programs

Phone: 301-600-1613

Services: Frederick County Public Libraries have gone digital with a great lineup of virtual

programming, for all ages.

Hagerstown City Park

Website: https://www.hagerstownmd.org/DocumentCenter/View/651/City-Park-Walking-Trail-Map?bidId=Services: Guide of City Park and the measured trails.

Hagerstown Ice & Sports Complex

Address: 580 Security Road, Hagerstown, MD 21740

Website: https://www.hagerstownice.org/

Phone: 301-766-9122

Services: Provides public ice skating, power ice skating, and learn to ice skate times. Public skate

admission is \$6 with a \$3 skate rental.

Hagerstown Park & Recreation Activities

Website: https://apm.activecommunities.com/hagerstownparksandrec/Home

Services: Activities for the whole family at free or low cost.

Healing Meditation

Website: https://www.eventbrite.com.au/e/healing-meditation-tuesdays-noon-on-zoom-tickets-131255559913?aff=erelexpmlt&keep_tld=1

Services: 30 minutes online guided meditation session which is free.

Tuesdays at Noon and Fridays at 8 pm.

Hot Fired Arts

Address: 1003-D West 7th Street, Frederick, MD 21701

Website: https://www.hotfiredarts.com/

Phone: 301-732-6943

Services: This art studio offers pottery and canvas to go kits, classes online and virtual parties.

Hulafrog

Website: https://hulafrog.com/hagerstown-md/20-fun-free-virtual-field-trips-for-kids-from-

around-the-world-copy-580111/css/minimal.css#

Services: 20 Fun & Free Virtual Field Trips For Kids From Around the World

Imagine Hagerstown

Website: https://www.imaginehagerstown.org/ Services: Free entry into music at University Plaza

Jonathan Hager House & Museum

Address: 110 Key Street, Hagerstown, MD 21740

Website: https://www.hagerstownmd.org/309/Jonathan-Hager-House-Museum

Phone: 301-739-8577

Services: Take a guided tour of the restored limestone homestead fortress built over a never-

failing spring for an authentic educational heritage experience unlike any other.

Macaroni Kid

Website: https://hagerstown.macaronikid.com/

Services: Provides a list of programs and events held virtually and in person for various ages.

Mansion House Art Center

Address: 501 Highland Way, Hagerstown, MD 21740 (at City Park)

Website: https://www.hagerstownmd.org/312/Mansion-House-Art-Center

Phone: 301-797-2867

Services: One can view and purchase the works of over twenty local artists. The old Mansion House creates a beautiful setting for the art that is displayed. In addition to serving as a gallery, the Mansion House also is used for classes and a meeting place for the Valley Art Association.

Sky Zone & Trampoline Park

Address: 12114 Insurance Way, Hagerstown, MD 21740

Website: https://www.skyzone.com/hagerstown

Phone: 301-420-5867

Services: Provides general admission and special events, including Toddler Time.

Starland Roller Rink

Address: 800 Park Road, Hagerstown, MD 21740 Website: https://www.facebook.com/skate1946

Phone: 301-739-9844

Services: Provides general and special admission skate sessions, and party rentals.

Turner's Skate Palace

Address: 17333 Virginia Avenue, Hagerstown, MD 21740

Website: https://www.turnersskatingpalace.com/

Phone: 301-582-2020

Services: Provides general and special admission skate sessions, skating lessons, and party rentals.

Vietnam War Veterans Monument

Address: 181 South Walnut Street, Hagerstown, MD 21740

Website: https://www.hagerstownmd.org/1498/Vietnam-War-Veterans-Monument

Services: Recognize the sacrifices made by the men and women who served their country during

the Vietnam War.

Visit Hagerstown

Website: http://www.visithagerstown.com/plan-your-visit/great-deals/free-and-inexpensive Services: Provides a list of free or inexpensive virtual and socially distanced attractions and

Washington County Free Library

Address: Various Locations in Washington County, Maryland

Website: https://www.washcolibrary.org/

Phone: 301-739-3250

Services: Washington County Public Libraries have gone digital with a great lineup of virtual

programming, for all ages.

Washington County Museum of Fine Arts

Address: 401 Museum Drive, Hagerstown, MD 21741 Website: http://wcmfa.org/learn/virtual-experiences-learning/

Phone: 301-739-5724

Services: The Museum is providing virtual experiences & learning opportunities for parents and

families. All activities can be seen on their website.

Address: 1 Worman's Mill Ct. Suite 11, Frederick, MD 21701

Website: https://yogamour.org/classes-and-prices-live-and-online Phone: 240-285-7812

Services: Hold live online classes via zoom along with in person classes that are held outside in

Frederick (Baker park and sky stage)

4 Star Athletic Complex

Address: 30 Milestone Terrace, Williamsport, MD 21795 Website: http://www.4stargym.com/web/index.php/about-us

Phone: 301-223-6116

Services: Gymnasium that provides open gym time and gymnastic clinic.



