

CIGNA 90 NOW RETAIL PHARMACY DIRECTORY

**For customers who must use a 90-day network
pharmacy to fill their 90-day prescriptions**

Together, all the way.®



Offered by: Cigna Health and Life Insurance Company or Connecticut General Life Insurance Company.


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Filling your maintenance medications just got easier with Cigna 90 Now

With Cigna 90 NowSM, your plan offers a retail pharmacy network that gives you more choice in where you can fill your prescriptions for the medications you take every day. There are thousands of retail pharmacies in your network. They include local pharmacies, grocery stores, retail chains and wholesale warehouse stores – all places where you may already shop!

Under your plan, 90-day prescriptions have to be filled at one of the 90-day retail pharmacies in your network, or Cigna Home Delivery PharmacySM, to be covered.¹

Where you can fill your prescriptions

The following is a list of the largest retail pharmacy chains in the United States that participate in your network. In addition to the chains listed, Cigna has contracted with a number of independent retail pharmacies in each state. Every pharmacy in your network can fill a 30-day prescription, and a select number of pharmacies can fill a 90-day prescription. Pharmacies that can fill a 90-day prescription will have this symbol  next to them. To see a complete list of retail pharmacies in your network, go to Cigna.com/Rx90network.

Medications delivered to your door

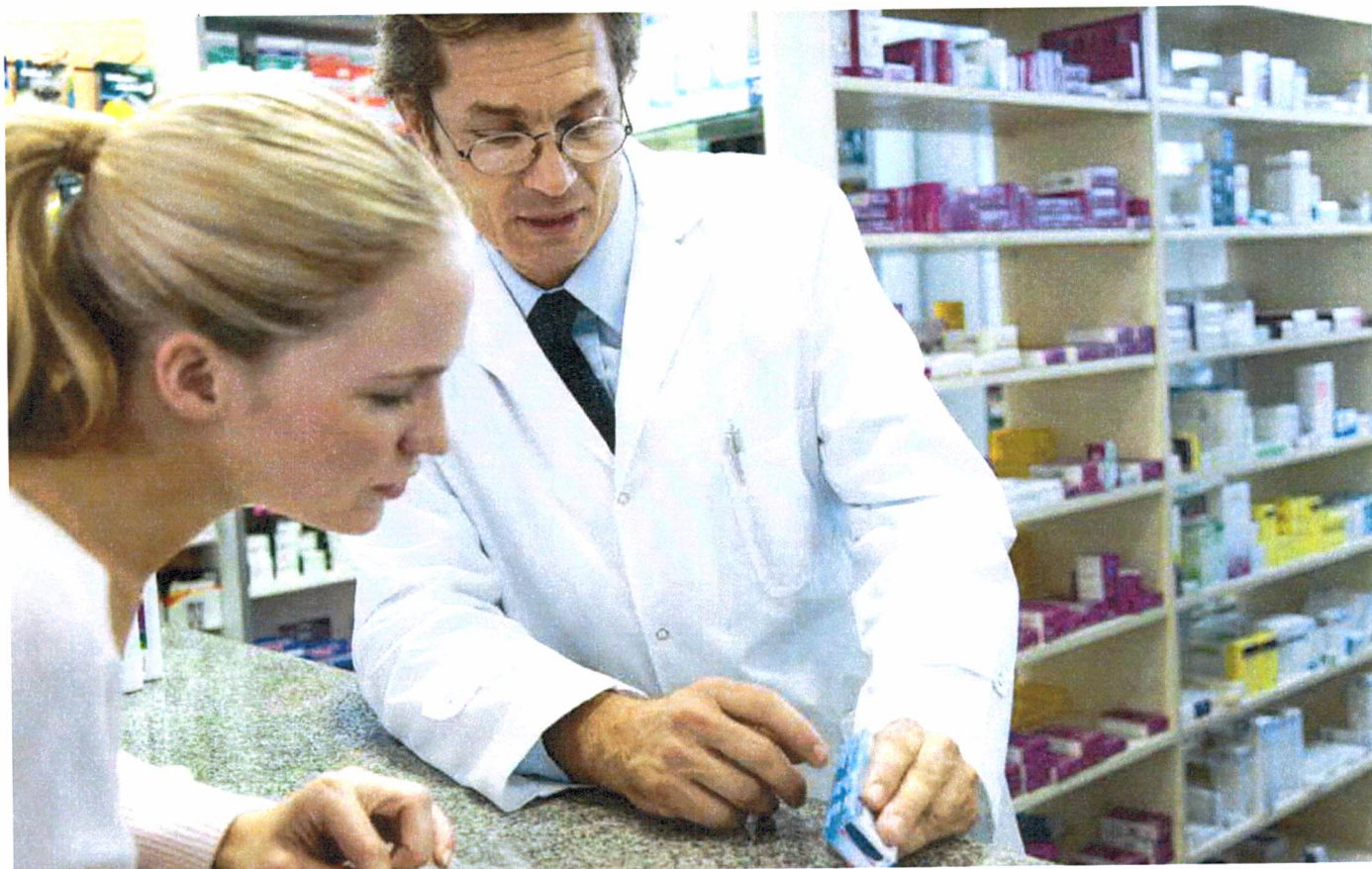
Cigna Home Delivery Pharmacy will deliver your maintenance medication to you at the location of your choice. And standard shipping is always free. For more information, please call customer service at **800.285.4812**, or visit Cigna.com/home-delivery-pharmacy.



Questions?

Please call customer service using the number on the back of your Cigna ID card. We're here to help.

You can also visit Cigna.com/Rx90network for more information about your network.



Cigna 90 Now FAQs

What's Cigna 90 Now?

- › It's a maintenance medication program that includes a 90-day retail benefit and pharmacy network. Maintenance medications are taken every day to treat an ongoing health condition. If you fill your prescription in a 90-day supply, you have to use a 90-day retail pharmacy in your plan's network or Cigna Home Delivery Pharmacy.¹

What kinds of prescriptions are best filled in a 90-day supply?

- › Maintenance medications. These are taken regularly, over time, to treat an ongoing health condition, such as diabetes, high blood pressure, cholesterol or asthma.
- › With Cigna 90 Now, you can't fill narcotics and specialty medications in a 90-day supply. That's because narcotics are highly-regulated by the government to make sure they're being used safely and effectively. And it's better to fill specialty medications, which are used to treat complex conditions, in a smaller day supply because it can lower your costs due to wasted or unused medications if your prescription changes.

Do I need my doctor's approval to switch to a 90-day prescription?

- › Yes, you'll need a prescription for a 90-day supply of your medication.

Are 90-day prescription fills available if I have Cigna Home Delivery Pharmacy?

- › Yes. Call Cigna Home Delivery Pharmacy at 800.835.3784 to transfer your prescription.

Are there any benefits or advantages to a 90-day prescription?

- › Yes – it's more convenient, you have choice and it helps improve your health.
 1. You'll make fewer visits to the pharmacy to refill your medication.
 2. You can choose where you want to fill your prescriptions – at a local 90-day retail pharmacy or through Cigna Home Delivery Pharmacy.
 3. You're more likely to stay healthy because having a 90-day supply of your medication on hand typically means you're less likely to miss a dose.²

Are there any cost savings associated with 90-day prescription fills?

- › Depending on your plan and your medication, you may be able to save money by filling your prescriptions 90 days at a time.

How do I switch pharmacies if:

› I have a 90-day prescription and just want to switch pharmacies?

Ask the new pharmacy of your choice to transfer your existing 90-day prescription from your current pharmacy.

› I'm currently using a local pharmacy and want to switch to Cigna Home Delivery Pharmacy?

Call Cigna Home Delivery Pharmacy at 800.835.3784 to transfer your existing 90-day prescription.

› I'm currently using Cigna Home Delivery Pharmacy and want to use a local pharmacy?

Ask the local pharmacy of your choice to call Cigna Home Delivery Pharmacy at 800.835.3784 to transfer your existing 90-day prescription.

– OR –

Call your doctor's office and let your doctor know the name of your new pharmacy and he or she will send your prescription(s) to the pharmacy of your choice.

1. Plans vary, so some plans may not include Cigna Home Delivery Pharmacy. Please check your plan materials for more information on what pharmacies are covered under your plan.

2. Internal Cigna analysis performed March 2016, utilizing 2015 Cigna national book of business average medication adherence (customer adherent > 80% PDC), 90-day supply vs. those who received a 30-day supply taking antidiabetics, RAS antagonist and statins.

Para obtener ayuda en español llame al número en su tarjeta de Cigna.

Health benefit plans vary, but in general to be eligible for coverage a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your plan provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill the prescription. If you use a pharmacy that does not participate in your plan's network, your prescription may not be covered, or reimbursement may be limited by your plan's copayment, coinsurance or deductible requirements. Refer to your plan documents for costs and complete details of your plan's prescription drug coverage.

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